



## Ultrasound-based Liver Elastography Patient Preparation Instructions

### Day of Test:

1. Do not eat or drink anything for 4 hours prior to your test.
2. You can take your usual medications with a small sip of water (no more than 4 fl oz).
3. Wear loose clothing (avoid one-piece clothing--no dresses or jumpsuits).
4. Make sure any ordered blood work is drawn prior to your fibroscan (specifically AST (SGOT)/ALT (SGPT) within 6 months).

**\*\*\*Your liver scan will NOT be interpreted without proper blood work results\*\*\***

5. Arrive 20 minutes early, to allow time for check-in before your appointment.
6. Bring your insurance card and photo I.D.

**Please alert our staff as soon as possible if any of the following is a concern:**

- **You are unable to lie flat on your back**
- **You will have trouble getting on top of an exam table**
- **You are unable to hold your breath for 10 seconds- multiple times**