



## HygiPrep<sup>®</sup> Procedure

### Your Procedure:

You are scheduled for a colonoscopy, a procedure in which a doctor examines the lining of your large intestine by looking through a flexible tube called a colonoscope. If growths or other abnormalities are found during the procedure, the doctor may remove the abnormal tissue for biopsy.

### Your Huron Gastro - Hygieacare Center Location:

5300 Elliott Dr. Ypsilanti, Michigan 48197

Phone No: **(734) 290-8437**

Procedure Date: \_\_\_/\_\_\_/\_\_\_

Arrival Time at Hygieacare prep center: \_\_\_\_\_

Arrival time for Colonoscopy: \_\_\_\_\_

Colonoscopy location: \_\_\_\_\_

### Payment:

The **HygiPrep<sup>®</sup>** is \$245 payable prior to performing the prep at the Hygieacare<sup>®</sup> Center. FSA, HRA, HSA eligible.

## YOUR BOWEL PREP IS EXTREMELY IMPORTANT!

| ONE DAY PRIOR TO PROCEDURE  | PROCEDURE DAY  |
|---|--|
| <p><b>1. Adhere to a clear liquid diet all day-remember to stay hydrated and <b>drink plenty of fluids.</b></b><br/> <b>Clear Liquids:</b><br/>           Clear broth, bouillon, apple or white grape juice, popsicles, Jell-O, Gatorade, lemonade, tea, coffee (non-dairy creamer). No purple, red, or orange colors. Nothing solid of any kind.</p> <p><b>2. Medication Instructions:</b><br/> <b>Dulcolax 5 mg stimulant laxative</b></p> <p><b>A. If patient's schedule allows:</b></p> <ul style="list-style-type: none"> <li>a) Dulcolax (2 tablets) 10 AM</li> <li>b) Dulcolax (2 tablets) 1 PM</li> </ul> <p><b>B. If patient's schedule does not allow:</b></p> <ul style="list-style-type: none"> <li>a) Dulcolax (2 tablets) 5 PM</li> <li>b) Dulcolax (2 tablets) 8 PM</li> </ul> | <p><b>1. Take Dulcolax (2 tablets) at: <b>2hrs before HygiPrep</b></b></p> <p><b>2. Stop all oral intake 1 hour before your arrival time at HyGIEaCare (except as indicated below)</b></p> <ul style="list-style-type: none"> <li>➤ You may take your essential morning medications (heart, blood pressure or anti-seizure medication) with 2 oz (4 tablespoons) of water 2-4 hours prior to your <i>arrival time at Hygieacare</i>, unless otherwise directed by your physician.</li> </ul> <hr/> <ul style="list-style-type: none"> <li>➤ After your prep is completed, proceed directly to the endoscopy center or hospital. Bring the following to the Endoscopy Center or hospital:               <ul style="list-style-type: none"> <li>• Responsible adult driver to stay with you and drive you home. Your procedure will not start without your driver present.</li> <li>• Insurance Cards</li> <li>• Photo ID</li> </ul> </li> </ul> |