huron gastro

hygieacare

2- day HygiPrep® Procedure

Your Procedure:
You are scheduled for a colonoscopy, a procedure in which a doctor examines the lining of your large intestine by looking through a flexible tube called a colonoscope. If growths or other abnormalities are found during the procedure, the doctor may remove the abnormal tissue for biopsy.

Your Huron Gastro - Hygieacare Center Location:
5300 Elliott Dr. Ypsilanti, Michigan 48197
Phone No: **(734) 290-8437**

Procedure Date: ___/ __/ ___

Arrival Time at Hygieacare prep center: _____

Arrival time for Colonoscopy: _____

Colonoscopy location: _____

Payment:
The **2-day HygiPrep®** is $300 payable prior to performing the prep at the Hygieacare® Center. FSA, HRA, HSA eligible.

YOUR BOWEL PREP IS EXTREMELY IMPORTANT! PLEASE READ INSTRUCTIONS CAREFULLY

ONE DAY PRIOR TO PROCEDURE

1. **Adhere to a clear liquid diet all day-remember to stay hydrated and drink plenty of fluids.**
   Clear Liquids:
   Clear broth, bouillon, apple or white grape juice, popsicles, Jell-O, Gatorade, lemonade, tea, coffee (non-dairy creamer). No purple, red, or orange colors. Nothing solid of any kind.

2. **Come to the Hygieacare center for a HygiPrep procedure**

3. **Medication Instructions:**
   Dulcolax 5 mg stimulant laxative
   A. **If patient's schedule allows:**
      a) **Dulcolax (2 tablets) 10 AM**
      b) **Dulcolax (2 tablets) 1 PM**
      or
   B. **If patient's schedule does not allow:**
      a) **Dulcolax (2 tablets) 5 PM**
      b) **Dulcolax (2 tablets) 8 PM**

PROCEDURE DAY

1. **Take Dulcolax (2 tablets) at: ___2hrs before HygiPrep**

2. **Stop all oral intake 1 hours before your arrival time at Hygieacare (except as indicated below)**

   - **You may take your essential morning medications (heart, blood pressure or anti-seizure medication) with 2 oz (4 tablespoons) of water 2-4 hours prior to your *arrival time at* Hygieacare, unless otherwise directed by your physician.**

- **After your prep is completed, proceed directly to the endoscopy center or hospital. Bring the following to the Endoscopy Center or hospital:**
  - **Responsible adult driver to stay with you and drive you home. Your procedure will not start without your driver present.**
  - **Insurance Cards**
  - **Photo ID**