

## **Fibroscan Patient Preparation Instructions**

## **Day of Test:**

- 1. Do not eat or drink anything for 3 hours prior to your test.
- 2. You can take your usual medications with a small sip of water (no more than 4 fl oz).
- 3. Wear loose clothing (avoid one-piece clothing--no dresses or jumpsuits).
- 4. Make sure any ordered blood work is drawn prior to your fibroscan (specifically AST (SGOT)/ALT (SGPT) within 6 months).

\*\*\*Your fibroscan test will NOT be interpreted without proper blood work results\*\*\*

- 5. Arrive 15 minutes early, to allow time for check-in before your appointment.
- 6. Bring your insurance card and photo I.D.