



## Capsule Endoscopy Post Instructions

You have just had a capsule endoscopy. This sheet contains information about what to expect over the next few days. Please call our office at 734-434-6262, if you have **severe or persistent abdominal or chest pain, fever, difficulty swallowing**, or if you have any questions. Please ask to speak with the nursing department.

**Diet:** You may resume your normal diet, no restrictions.

**Activities:** You may resume your normal activities.

**Medications:** You may resume your medications. Do not make up for doses you have missed, just begin your normal dosage.

**MRI Examinations:** You should avoid MRI examinations prior to excretion of the capsule. If you cannot positively verify the excretion of the capsule from your body, you should contact us for evaluation and possible abdominal x-ray before undergoing an MRI examination. Undergoing an MRI while the capsule is inside your body may result in serious damage to your intestinal tract or abdominal cavity.

**The capsule:** It will be naturally excreted. The capsule can be safely flushed down the toilet. You may not notice the capsule as it may sometime be hidden in the stool. You do not need to retrieve it.

Please contact our office, if you do not notice the excretion of the capsule within 7days, and/or develop **unexplained post procedure abdominal pain or vomiting** for evaluation and possible abdominal x-ray examination.

**Your result:** You should be contacted by your ordering physician with the results within 2 weeks.