

## CAPSULE ENDOSCOPY Post Instructions

You have just had a capsule endoscopy. This sheet contains information about what to expect over the next few days. Please call our office at 734-434-6262, if you have severe or persistent abdominal or chest pain, fever, difficulty swallowing, or if you have any questions. Please ask to speak with the nursing department.

**Diet**: You may resume your normal diet, no restrictions.

Activities: You may resume your normal activities.

**Medications**: You may resume your medications. Do not make up for doses you have missed, just begin your normal dosage.

**MRI Examinations**: You should avoid MRI examinations prior to excretion of the capsule. If you cannot positively verify the excretion of the capsule from your body, you should contact us for evaluation and possible abdominal x-ray before undergoing an MRI examination. Undergoing an MRI while the capsule is inside your body may result in serious damage to your intestinal tract or abdominal cavity.

The Capsule: For best results, strictly follow the instructions.

The capsule will typically take 8-48 hours to pass. If you haven't passed the capsule at 72 hours after capsule ingestion, contact Huron Gastro at 734 434-6262.

To watch the retrieval video instructions, visit http://www.capsovision.com/products/capsoretrieve. To avoid a repeat of this study, please adhere to your retrieval instructions until capsule is retrieved. Continue to use the retrieval pan provided until the capsule has been retrieved.

Please use the provided pre-labeled padded envelope in your take-home kit. Place the capsule in the vial. Ensure the vial lid is locked and put the vial into the envelope, seal the envelope and drop it off at any FedEx drop box or physical FedEx location.

Please contact our office, if you do not notice the excretion of the capsule within 72 hours, and/or develop unexplained post procedure abdominal pain or vomiting for evaluation and possible abdominal x-ray examination.

Your Result: You should be contacted by your ordering physician with the results within 3 weeks.