



CAPSULE ENDOSCOPY

Golytely Prep Instructions

1 week prior:

- Stop taking iron supplements 1 week before your procedure date.
- Pick up Golytely from your pharmacy. Prescription has been sent.
- Call the number on the back of your insurance card. Ask if there is any authorization or out-of-pocket expense. Provide them with CPT code 91110.

2 days prior:

- Mix the Golytely solution in the jug provided with your prescription and refrigerate it. If a flavor packet is provided, it may be used if desired. You may use Crystal Light as another flavoring option.

1 day prior:

- Abstain from smoking 12 hours before your procedure.
- You can have a normal breakfast.
- You can have a normal meal around 12pm (noon).
- Between 12pm (noon) and midnight: start only clear liquids diet.
 - Examples: soup, broth, clear juices (white grape, apple), lemon/lime Jell-O, Gatorade, PowerAde, 7-Up, Gingerale, etc.
 - Avoid opaque liquids. Examples: coffee, milk, smoothies, etc.
- At around 7pm: drink 1 cup (8oz) of the Golytely mixture every 10-30 minutes. Drink only 7 cups (56oz).
- Nothing to eat or drink after midnight.

Day of procedure:

- 2 hours prior to your procedure: drink 1 cup (8oz) of the Golytely mixture.
- It is normal if you have not had diarrhea or lots of bowel movements yet.
- Hold any non-essential medications we will advise which ones.
- Nothing to eat or drink until after your procedure.
- Be at our office 15 minutes before your scheduled appointment time.
- Bring your ID and insurance card.

Please call our Clinical Diagnostics Department at (734) 371-7126 if you have any questions.