

What is ENDOCAPSULE?

ENDOCAPSULE from Olympus is a small bowel endoscopy system that uses a camera within a capsule that is swallowed by the patient. The capsule is approximately the size of a vitamin.

As the capsule travels through the small intestine, pictures are transmitted to a light-



weight recorder that is worn around your waist.

You will not feel the capsule as it moves through your body. The ENDOCAPSULE procedure requires no sedation.

Is the ENDOCAPSULE procedure safe?

The ENDOCAPSULE procedure is a safe means of observing the small intestine. Although complications are rare, they may include failure to excrete the capsule. If you experience any discomfort before or after your procedure, please call your doctor immediately.

My ENDOCAPSULE procedure date and time:

I last ate and drank at: _____

After swallowing my capsule, I drank clear liquids at:

After swallowing my capsule, I ate a light snack at:

My recorder stopped recording at: _____

My capsule was excreted on (date/time): _____

My doctor/nurse: _____

My doctor/nurse emergency phone number: _____

Please keep this information with your medical records.

ENDOCAPSULE

OLYMPUS CAPSULE ENDOSCOPE SYSTEM

Sedation-Free Small Bowel Capsule Endoscopy





Designed to allow your doctor to examine your entire small intestine with ease, ENDOCAPSULE is an advanced endoscopy system from Olympus that provides high-resolution images used to observe the condition of the small intestine. The following are answers to commonly asked questions regarding your ENDOCAPSULE procedure:

How does ENDOCAPSULE work?

A state-of-the-art capsule endoscopy system, ENDOCAPSULE involves the use of a capsule that contains its own high-powered light source and a miniature camera. As it travels through the small intestine via normal muscle contractions, the capsule takes thousands of pictures that are transmitted to a recorder that is worn around your waist.

How do I prepare for the procedure?

Prior to your ENDOCAPSULE procedure, you must abstain from eating and drinking for eight hours. Your doctor may also prescribe a preparation agent (such as a laxative) to cleanse your digestive tract prior to your examination. Wear comfortable clothing that will allow easy access to your recorder and antenna leads.



What can I expect as part of my ENDOCAPSULE procedure?

1. After your arrival at your doctor's office, a small antenna lead belt will be placed around your abdomen. The antenna will connect to a lightweight recorder that is worn close to your waist.
2. The capsule is swallowed with a glass of water. Your doctor will use a real-time viewer to make sure that the capsule is properly activated.
3. You can now leave your doctor's office and resume daily activities. The capsule will take pictures of your digestive tract as it is moved along by normal muscle contractions.
4. Two hours after you swallow the capsule, you may drink clear liquids or water. After four hours, you may eat a light snack.
5. There is a patient guidance function that may be used on the recorder unit. The personalized instructions will appear as a text message, along with a vibration and/or beep. After reading your message simply push "OK".
6. After approximately eight hours, you will return to your doctor's office, where the pictures saved in the recorder unit will be downloaded onto a computer for observation.
7. Designed for one-time use, the capsule will be excreted with your bowel movement. You should feel no pain or discomfort.

Are there any precautions I need to take during the procedure?

All normal daily activities are fine during the ENDOCAPSULE procedure with the exception of vigorous exercise or other physical activities that may result in your leads or recorder being pulled loose. While the capsule is in your body, you should not have an MRI exam or be near an MRI machine.



You can leave your doctor's office and resume daily activities.

Is there anyone who should not have an ENDOCAPSULE procedure?

Anyone with the following conditions should not have an ENDOCAPSULE procedure:

- an implanted electronic device, including a pacemaker or implantable cardio-verter defibrillator (ICD)
- a swallowing disorder
- an obstruction of the digestive tract
- pregnancy

Please consult your doctor to find out if this procedure is right for you.